

| Platz | Startnummer | Nachname | Vorname | Jahrgang | Verein | Schwimmen | Laufen | Gesamtzeit |
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Altersklassenwertung Landesmeisterschaft NRW Swim & Run - männlich

AK 18 - 19

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|---|-----|------|------|------|-----------------------|---------|---------|---------|
| 1 | 439 | Adam | Mika | 2005 | Kölner Triathlon Team | 12:08,4 | 17:13,0 | 29:21,4 |
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AK 20

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|---|-----|-----------|------------|------|-----------------------|---------|---------|---------|
| 1 | 465 | Appermans | Maarten | 2000 | Kölner Triathlon Team | 13:21,5 | 16:56,9 | 30:18,4 |
| 2 | 451 | Winter | Jonas | 2000 | Kölner Triathlon Team | 14:21,1 | 17:19,3 | 31:40,4 |
| 3 | 396 | Trautsch | Jan Henrik | 2004 | TSV Oettingen | 14:49,0 | 19:59,4 | 34:48,4 |
| 4 | 443 | Read | Noah | 2000 | Kölner Triathlon Team | 17:30,5 | 17:18,9 | 34:49,4 |
| 5 | 477 | Ackermann | Justin | 2004 | SV Hellas Siegburg | 19:36,0 | 19:57,4 | 39:33,4 |

AK 25

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|---|-----|----------|---------|------|-----------------------|---------|---------|---------|
| 1 | 473 | Warmuth | Kenneth | 1996 | Kölner Triathlon Team | 13:08,4 | 17:50,0 | 30:58,4 |
| 2 | 466 | Hernaert | Emilio | 1998 | Kölner Triathlon Team | 14:55,1 | 16:57,3 | 31:52,4 |
| 3 | 463 | Speth | Mirko | 1995 | SSF Bonn Triathlon | 16:57,3 | 20:38,1 | 37:35,4 |

AK 30

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|---|-----|-----------|-----------|------|-------------------------|---------|---------|---------|
| 1 | 392 | Unverzagt | Malte | 1991 | PSV Triathlon Bonn | 15:43,6 | 18:08,8 | 33:52,4 |
| 2 | 460 | Heide | Christoph | 1991 | Kölner Triathlon Team | 16:20,6 | 19:05,8 | 35:26,4 |
| 3 | 405 | Hemkes | Lucas | 1992 | SV Hellas Siegburg e.V. | 19:42,0 | 16:55,4 | 36:37,4 |
| 4 | 422 | Jakobi | Hermann | 1992 | SSF Bonn Triathlon | 20:38,1 | 21:14,3 | 41:52,4 |

AK 35

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|---|-----|------------|-------|------|-----------------------|---------|---------|---------|
| 1 | 395 | Scheibchen | Jonas | 1985 | Mach 3 Köln e.V. | 14:21,5 | 19:35,9 | 33:57,4 |
| 2 | 456 | Laviano | Renan | 1989 | Kölner Triathlon Team | 19:14,6 | 24:19,8 | 43:34,4 |

AK 40

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| 1 | 433 | Schlieckmann | Jonas | 1980 | Tri Team Steinfurt | 16:09,1 | 18:37,3 | 34:46,4 |
| 2 | 412 | Mutiria | Robbie | 1982 | TSV BAYER 04 LEVERKUSEN | 18:08,7 | 18:17,7 | 36:26,4 |
| 3 | 454 | Rizzi | Matteo | 1980 | Kölner Triathlon Team | 17:48,3 | 21:10,1 | 38:58,4 |
| 4 | 452 | Ritter | Thorsten | 1983 | Kölner Triathlon Team | 20:22,5 | 22:06,9 | 42:29,4 |
| 5 | 441 | Otte | Daniel | 1980 | Kölner Triathlon Team | 22:50,3 | 21:32,1 | 44:22,4 |

AK 45

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|---|-----|---------|-----------------|------|-----------------------------|---------|---------|---------|
| 1 | 445 | Nicaise | Jean-Christophe | 1977 | Kölner Triathlon Team | 16:18,0 | 18:53,4 | 35:11,4 |
| 2 | 387 | Sigl | Michael | 1976 | Triathlon Nonstop Köln e.V. | 16:11,0 | 22:18,4 | 38:29,4 |
| 3 | 459 | Wolf | Daniel | 1977 | Kölner Triathlon Team | 17:29,7 | 22:09,7 | 39:39,4 |
| 4 | 390 | Weiß | Alexander | 1979 | Triathlon Nonstop Köln e.V. | 19:15,3 | 23:25,1 | 42:40,4 |

AK 50

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| 1 | 414 | Fröhlich | Marc | 1974 | SV Gladbeck 13 | 20:24,8 | 24:52,6 | 45:17,4 |
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AK 55

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|---|-----|-----------|-------|------|----------------|---------|---------|---------|
| 1 | 434 | Bodenheim | Guido | 1967 | DLRG Vallendar | 19:30,0 | 23:01,4 | 42:31,4 |
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AK 60

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| 1 | 440 | Shahab | Taufik | 1961 | Kölner Triathlon Team | 19:03,6 | 25:07,8 | 44:11,4 |
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AK 65

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|---|-----|----------|--------|------|---------------------------|---------|---------|---------|
| 1 | 479 | Laermann | Ralf | 1958 | M.Gladbacher TV 1848 e.V. | 18:22,4 | 21:48,0 | 40:10,4 |
| 2 | 419 | Ebbers | Martin | 1956 | Athletik Waldniel | 26:37,6 | 27:04,8 | 53:42,4 |